

# First Aid Instructor Job Interview Questions And Answers



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## First Aid Instructor Interview Questions And Answers Guide.

### Question - 1:

What is choking?

### Ans:

It is the inability to breathe because the trachea is blocked, constricted, or obstructed. This is caused also by lack of air. It is a common cause of an accident to young children that may lead to death.

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### Question - 2:

Explain what is breathing?

### Ans:

The process of which air is inhaled through the mouth or nose, and then air is expelled from the lungs due to muscle contraction and relaxation, respectively.

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### Question - 3:

What is contusion?

### Ans:

The medical term for bruise. It is caused by injury to the skin tissues or broken blood vessels that usually results in bleeding beneath the skin.

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### Question - 4:

What is bruise?

### Ans:

An injury caused by an impact that damages soft tissues and underlying blood vessels. Discoloration appears on the area of the body affected; another term for contusion. When you get bruises, check First Aid for Bruises to help you take care and patch them up.

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### Question - 5:

What is antibiotics?

### Ans:

Drugs or medicines that are used to treat or prevent bacterial infections. This is also known as antibacterials. Note: Antibiotics have no effect on viral infections.

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### Question - 6:

Explain me cuts?

### Ans:

Cuts or laceration is a wound caused by a tear or a deep cut in the flesh or skin. It can be minor or major depending on the different types of cut and its severity.

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### Question - 7:

What is aspirin?

### Ans:

A drug that is used to treat mild or moderate pain. It is also used to reduce risks of heart attacks and strokes by preventing blood clots from forming.

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**Question - 8:**

Explain me what Does The Secondary Survey Include?

**Ans:**

- \* Conduct a careful head-to-toe assessment of casualty (if casualty is conscious explain what you are doing and ask permission)
- \* Question casualty and any witnesses about history of incident
- \* Checking, monitoring and recording a casualty's vital signs such as pulse, breathing, level of consciousness, skin colour and temperature
- \* If there is more than one casualty care for casualty with most serious injury or illness first

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**Question - 9:**

What is asthma?

**Ans:**

A lung condition that causes difficulty in breathing due to constrictions of the small air tubes in the lungs. It is usually triggered by allergic reaction or other hypersensitivity. There is First Aid for Asthma Attacks that can be practised to provide immediate care.

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**Question - 10:**

What is carbon monoxide poisoning?

**Ans:**

A potentially life-threatening condition caused by inhalation of too much carbon monoxide gas that it prevents oxygenation of the blood. Carbon monoxide is emitted by automobile and engines which should not be run in unventilated spaces.

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**Question - 11:**

What are cyanosis?

**Ans:**

Refers to the bluish discoloration near the surface of the skin usually to the hands and feet. This occurs when there's low oxygen level in red blood cells.

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**Question - 12:**

What is concussion?

**Ans:**

A brain injury that is caused by a sudden blow to the head that shades the brain inside the skull. It can result to confusion, loss of memory with/without headache. First aid for head injury should be administered to prevent further damage to the brain.

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**Question - 13:**

What is calamine?

**Ans:**

An astringent made from zinc oxide or zinc carbonate, usually the main ingredient in anti-pruritic lotion to treat rashes, poison ivy, insect bites, stings or sunburns.

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**Question - 14:**

Tell us what Is The Responsibility As A First Aider Requires You To?

**Ans:**

- \* Always be aware of casualty's feelings and feelings of any bystanders or family members
- \* Assess for dangers, hazards and perform your duty of care
- \* Do not make assumptions - ask questions if you are not sure of anything

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**Question - 15:**

What is anaesthetic?

**Ans:**

A substance that causes a person to be insensitive to pain or lack of feeling/awareness to pain especially during surgery and other painful procedures.

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**Question - 16:**

Tell us when Using A Defibrillator, How Do You Know Where To Place The Pads?

**Ans:**

Look at the pads! They will have a diagram indicating exactly where on the chest they should be placed.

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**Question - 17:**

Explain me what Is The Best Method For Assessing A Casualty?

**Ans:**

The best method for assessing a casualty is a primary survey followed by a secondary survey.

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**Question - 18:**

Tell us which Statements Are Correct In Relation To The Use Of An Aed?

**Ans:**

- \* Each minute that passes before an AED is used decreases a casualty's chance of survival.
- \* Continue CPR until AED advises to stop or "do not touch the patient"
- \* Resume CPR after shock delivered or if shock not advised by AED
- \* Monitor casualty for any response or normal breathing

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**Question - 19:**

What is blood sugar?

**Ans:**

Also known as blood glucose. Abnormalities in blood sugar levels can either be high blood sugar (hyperglycemia) or low blood sugar (hypoglycemia).

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**Question - 20:**

Tell us respiratory Difficulty Experienced By Asthmatics Is Associated With?

**Ans:**

inflammation, swelling and narrowing of the airways.

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**Question - 21:**

What is avulsion?

**Ans:**

Soft tissue injury; a tearing away of a section of skin or other soft tissue from the deeper layers causing severe bleeding.

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**Question - 22:**

Tell us when Performing Cpr The Correct Position Of The First Aider's Hands Should Be?

**Ans:**

Place the heel of one hand on the middle of the chest (lower sternum, between the nipples) and place the other hand of top of the first.

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**Question - 23:**

What is C-Spine?

**Ans:**

The Cervical spine is the medical term for the neck bones.

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**Question - 24:**

Tell us the Pain Of Angina Is Usually Relieved By?

**Ans:**

Resting the patient and allowing them to administer their own medication.

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**Question - 25:**

Tell us how Do You Check For A Response To Determine Whether Someone Is Unconscious?

**Ans:**

Checking for a response is part of the primary survey. You should check for a response by shouting at the victim to see if they are rousable. If this does not work, a gentle tap on the shoulders can be used.

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**Question - 26:**

What is decongestant?

**Ans:**



A medicine or drug used to relieve nasal congestion and stuffed nose caused by a cold, flu, allergies or sinusitis.

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**Question - 27:**

What is automated External Defibrillator?

**Ans:**

A device that restores the normal rhythm of the heart by delivering a controlled electrical shock. A sudden cardiac arrest can happen anytime so AEDs installed in workplaces are necessary as it is an opportunity for life-saving defibrillation.

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**Question - 28:**

Tell us what Symptoms Would Indicate A Person Is Having A 'severe' Anaphylactic Reaction?

**Ans:**

- \* Difficulty breathing and swelling of the tongue
- \* Rash to the limbs
- \* Swelling of the limbs

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**Question - 29:**

Suppose you Are At Home Having A Window Replaced By A Tradesperson, When He Slips Whilst Carrying Glass. You Respond To Calls For Help And Find Him With A Large Piece Of Glass Embedded In His Left Arm. There Is Blood Flowing Freely From The Wound. You Should?

**Ans:**

Elevate the arm, apply pressure around the glass, build up dressings around the wound and call an ambulance. Reassure the patient.

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**Question - 30:**

Tell us the Use Of Personal Protective Equipment (ppe) Also Known As Standard Precautions, Are To Prevent Exposure To Infection And May Include?

**Ans:**

- \* Gloves, goggles or a resuscitation device
- \* Foot, body or head protection
- \* Remembering to wash hands before and as soon as possible after contact with casualty

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**Question - 31:**

Suppose a Lady Has Fallen From A Ladder And Landed Heavily On Her Back. On Assessment You Find No Dangers Present And She Is Unconscious. You Have Sent For Help, Cleared Her Airway And Noticed That She Is Breathing Normally. What Position Would You Place Her In?

**Ans:**

Place the lady in the recovery position to maintain a clear airway and monitor her breathing until help arrives.

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**Question - 32:**

Tell me when Performing Compression Only Cardio Pulmonary Resuscitation On An Adult The Correct Rate Of Compressions Is?

**Ans:**

100 Compressions per minute is the correct rate of compressions.

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**Question - 33:**

Explain me when Providing First Aid To An Unconscious Breathing Casualty, How Would You Position Them?

**Ans:**

You should place all unconscious but breathing casualties into the recovery position (on their side with their head tilted back).

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**Question - 34:**

Do you know what is compression?

**Ans:**

Also known as cerebral compression which is usually caused by a head injury. It occurs when there is a build-up of pressure on the brain. Head injuries may lead to permanent mental impairment, disability or even death. Head injury cases require immediate medical attention. First aid for head injury should be administered to prevent further damage to the brain.

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**Question - 35:**

Suppose there Has Been An Accident In Your Workplace With Four People Injured. Which Person Do You Assess First?



**Ans:**

The person who is on their back and appears unconscious. And immediately call for ambulance.

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**Question - 36:**

Suppose a Co-worker Collapses Unconscious In Front Of You. After Assessing For Dangers, And Checking For A Response And Sending For Help - Your Next Action Would Be To?

**Ans:**

Check the patient's airway, look for regular movement of chest, listen for normal breath sounds, feel for regular, rhythmic movement of chest or upper abdomen.

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**Question - 37:**

Explain me the Very First Thing You Should Do When You Arrive At An Incident Scene?

**Ans:**

The first thing you should do is identify and manage any hazards to yourself or bystanders. Your safety is the most important priority!

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**Question - 38:**

What is cardiopulmonary Resuscitation (CPR)?

**Ans:**

(AKA: Chest Compressions)/Rescue Breathing (AKA: Artificial Respiration) Also abbreviated as CPR. A life-saving first aid procedure of chest compressions given to patients who is in cardiac arrest. This medical process helps patient's body pump blood when the heart fails. To carry out this procedure, a trained person manually presses up and down the casualty's chest (chest compressions) and performs a series of rescue breaths by means of mouth-to-mouth resuscitation which help restore breathing and circulation.

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**Question - 39:**

What is chest Pain?

**Ans:**

A feeling of tightness, heavy pressure, or crushing pain around the chest area - between the neck and upper abdomen. It can be a result of angina, heart attack, and other important diseases. Chest pain is a warning to seek medical attention.

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**Question - 40:**

What is blood pressure?

**Ans:**

The pressure of the blood within the arteries. This is one of the vital signs being monitored to indicate wellness of the body. It varies depending on activities, situation and stress. Too low or too high levels of blood pressure is not a good sign and will require further medical care. Normal blood pressure in an adult is approximately 120/80 mm Hg.

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**Question - 41:**

What is cardiac?

**Ans:**

Cardiac is the medical term which means relating to the heart. A sudden stop in effective blood circulation due to the failure of the heart to contract is called a cardiac arrest. An immediate CPR and an AED can help restore the functioning of the heart.

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**Question - 42:**

Tell us what is adrenaline?

**Ans:**

A hormone that increases the heart rate, pulse rate, blood pressure and cause blood vessels to constrict and strengthen in response to stress. A surge of strength and energy brought by a stressful event or dangerous situation is referred as an adrenaline rush.

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**Question - 43:**

Tell us what Is The Best Way To Stop External Blood Loss?

**Ans:**

The best way to stop external blood loss is by applying direct pressure over the wound. Elevation can also help slow bleeding from a limb.

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